

# Santa Cruz City Schools MS Athletic Packet

Branciforte Middle School Mission Hill Middle School  
 405 Old San Jose Road, Soquel, California 95073 | (831) 429-3410 | [www.sccs.net](http://www.sccs.net)

## Participation Physical Physician Evaluation

(Completed By Physician)

Athlete's Name \_\_\_\_\_ Date \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ BP \_\_\_\_\_ / \_\_\_\_\_ Pulse \_\_\_\_\_

Vision: Right 20/ \_\_\_\_\_ Left 20/ \_\_\_\_\_ Corrected? Yes No

<b>MEDICAL</b>	<b>NORMAL</b>	<b>ABNORMAL</b>
Skin		
Eyes/Ears/Nose/Throat		
Lymph Nodes		
Heart		
Pulses		
Lungs		
Abdomen		
Genitalia (males only)		
<b>MUSCULOSKELETAL</b>	<b>NORMAL</b>	<b>ABNORMAL</b>
Neck		
Back		
Shoulder/Arm		
Elbow/Forearm		
Wrist/Hand		
Hip/Thigh		
Knee		
Leg		
Ankle/Foot		

\_\_\_\_\_ Cleared for activities

\_\_\_\_\_ Not Cleared for activities  
 Not cleared due to:

Please Check One

Physician Name \_\_\_\_\_

Physician Signature \_\_\_\_\_ Date \_\_\_\_\_

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**Examen Físico Antes de la Participación Evaluación Física**  
**(Debe ser Completado Por el Médico)**

Nombre del Atleta \_\_\_\_\_ Fecha \_\_\_\_\_

Estatura \_\_\_\_\_ Peso \_\_\_\_\_ PS \_\_\_\_\_ / \_\_\_\_\_ Pulso \_\_\_\_\_

Visión: Derecho 20/ \_\_\_\_\_ Izquierdo 20/ \_\_\_\_\_ ¿Corregida? Si No

<b>MEDICO</b>	<b>NORMAL</b>	<b>ANORMAL</b>
Piel		
Ojos/Oídos/Nariz/Garganta		
Ganglio Linfático		
Corazón		
Pulso		
Pulmones		
Abdomen		
Órganos Genitales (sólo hombres)		
<b>MÚSCULO- ESQUE- LÉTICO</b>	<b>NORMAL</b>	<b>ANORMAL</b>
Cuello		
Espalda		
Hombro/Brazo		
Codo/Antebrazo		
Muñeca/Mano		
Cadera/Muslo		
Rodilla		
Pierna		
Tobillo/Pie		
_____ Autorizado para participar      _____ No autorizado para participar: Razón:		
Nombre del Médico _____		
Firma del Médico _____		Fecha _____